BUDGET WORKSHEET

The goal of this budget
worksheet is to give you a
quick snapshot of where
you stand. Take 10 minutes
and use your best guess.
Then, print a second copy of
this worksheet and fill it out
at the end of the next month
and compare.

*A heads up: if you already have health insurance or 401(k) retirement savings taken from your paycheck, don't include those amounts here.

If this number is positive, congrats! You have room to save additional money or pay a little more on loans.

If the number is negative, use the worksheet as a way to find ways to reduce your monthly spending.



YOUR PAY (AFTER TAXES)		7	
HOME	Mortgage payment/rent Utilities Cable/internet Cell phone Groceries Gas Child care Household items Health insurance* Life insurance Car insurance Prescriptions	\$	
	HOME TOTAL	\$	Box
FUN	Eating out Shopping Gym membership Giving/Donations Subscriptions	\$ \$ \$ \$ \$	
	FUN TOTAL	\$	Box 2
LOANS	Credit card(s) Car payment Student loan payment Other installment loans	\$ \$ \$	
	LOANS TOTAL	\$	Box 3
VINGS	Retirement savings* General savings	\$ \$ \$	
0	SAVINGS TOTAL	\$	Box 4
	TOTAL OF BOXES 1-4	\$	
Bo	SUBTRACT THE TOTAL OF XES 1–4 FROM YOUR PAY	\$	